

HEALHERSOUL

Healing, Self-Love & Empowerment for Women

COMPANY PROFILE

Heal Her Soul Healthtech Private Limited

DPIIT-Recognized Startup · Govt. of India · Est. 2019 · Bangalore, India

"A woman who heals herself changes everything around her."

healhersoul.co.in · talkto@healhersoul.co.in · Bangalore, Karnataka, India

Why HealHerSoul

For every 5 lakh births, nearly 5,000 infants are still lost — many to causes that timely guidance could have prevented. Behind that number are mothers who faced pregnancy and early motherhood without the medical advice, emotional support, or simple reassurance they needed.

In 2019, during a government health department meeting, our founder Santosh Talaghatti learned how often this was tied to delayed consultation and unaddressed maternal mental health. He began counselling families directly, and that personal commitment grew into HealHerSoul — an AI-powered healthtech platform and healing community connecting women to doctors, counsellors, and a caring circle, from the first trimester through early motherhood and beyond.

We believe healing a woman and raising a healthy child are not two separate jobs — they are one continuum of care. That belief shapes everything we build.

Our Mission

To reach 1 million women and mothers worldwide — meeting each one with medical guidance, emotional support, and a community that never lets her heal alone.

Our Values

Compassion over judgement. Presence over perfection. A woman witnessed is a woman who heals.

Recognized & Registered

Heal Her Soul Healthtech Private Limited was incorporated on 16 September 2019 and is recognized as a startup by the Department for Promotion of Industry and Internal Trade (DPIIT), Ministry of Commerce & Industry, Government of India (Certificate No. DIPP46024). HealHerSoul is incubated at the Atal Innovation Centre (AIC–MIT ADT).

One Framework. Two People. Every Stage.

Every program, article, consultation, and plan on HealHerSoul is organized around seven pillars of care — each addressing both a woman's needs and, where relevant, her child's, side by side.

1. Diet & Nutrition	Dietician consultations, personalized diet plans, and lactation support.
2. Health & Well-being	Meditation, yoga, reading therapy, and healing programs.
3. Counselling	Support at every stage — pre-pregnancy, prenatal, postpartum, and beyond.
4. Consultation	On-call access to gynaecologists, obstetricians, and family doctors.
5. Child Care	Certified nurses, midwives, and infant-care guidance.
6. Mothers Care	Material assistance and structured parenting programs.
7. Pregnancy Care	Prenatal testing, birth-defect screening, and IVF guidance.

What We Offer

Healing Programs	Guided journeys for self-love and emotional wellness, plus dedicated pregnancy & maternal care support.
Workshops	Live sessions on self-worth, boundaries, motherhood & identity, and letting go — held in community.
1:1 & Group Support	Private counselling sessions, peer support circles, and new-mother support groups.

Our Impact

10,000+

Girls reached through our menstrual health awareness campaigns in rural Indian schools

1M

Women & mothers — our global outreach mission

7

Pillars of integrated care, covering mother and child together

2019

Founded, and DPIIT-recognized the same year

Breaking the Silence: Menstrual Health Awareness

Through our on-ground campaigns in rural schools across India, HealHerSoul has run menstrual hygiene and sanitary pad awareness workshops that have reached over 10,000 girls — replacing silence and shame with clear, practical health education, and distributing sanitary products to girls who need them most. These campaigns are led by our Community Outreach team, working directly with schools, teachers, and local health volunteers.

Leadership

Santosh Talaghatti — Founder. Technology evangelist and innovator whose government change-management work spans health, police, agriculture, education, and e-governance.

AnA Ji — Co-Founder (Germany). Leader in women's empowerment and emotional wellbeing, shaping HealHerSoul's holistic, compassionate approach to care.

Get in Touch

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Location: Bangalore, Karnataka, India

Company: Heal Her Soul Healthtech Private Limited

DPIIT Startup Recognition No.: DIPP46024

Whatever stage you're in — becoming a mother, healing from the past, or simply learning to love yourself again — there's a place for you here.